

EMDRAA Accreditation Process

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1

Complete Basic EMDR Training
Part 1 & Part 2 & 10 hours of consultation

2

Qualify for **Full EMDRAA membership**
*Application process to apply for full membership. Must send through record of achievement of full basic training and 10 hours of consultation

3

Accredited EMDR Practitioner
Evidence of min 1 year of EMDR with a minimum of 25 clients/ 50 sessions. 1x SP session with client recorded or in vivo for Consultant to review + an additional 10 hours of consultation (at least 5 individual) and 2 references - Consultant and Colleague/peer

4

Accredited EMDR Consultant
Evidence of EMDR with a minimum of 75 clients / 300 sessions (since becoming an accredited practitioner) + additional 20 hours of consultation (at least 10 individual), min 30 hours CPD. Video or in-vivo sessions of 1x individual consult, 1x group consult and 1x client session and 2 references - Consultant and colleague/peer

5

Accredited EMDR Trainer

Submission to EMDRAA of development of EMDR basic training curriculum + maintained EMDR Consultant status. 20 hours of instructional content, 20 hours of supervised practicum and 10 hours of consultation in curriculum that adhere to the fidelity of EMDR practice.

